





STONE VALLEY  
SENIOR LIVING AT EASE

Like Us!  

# THE Stone Valley Lifestyle

MEMORY CARE COMMUNITY  
6155 Stone Valley Dr. · Reno, NV 89523 · (775) 746-2200 · [www.stonevalleyassistedliving.com](http://www.stonevalleyassistedliving.com)

## APRIL 2025

### Spring Into April With Us!



As we welcome the beautiful month of April, we look forward to longer days, warmer weather, and plenty of activities to engage our residents. From Easter celebrations to outdoor gardening, we have a month full of joy and connection ahead.

Wishing you all a fantastic April,  
**The Stone Valley Memory Care Team**



### April Happenings

- Wilbur D. May Museum- April 9th at 10am \$5/senior
- ECCS Music- Wednesday, April 9th, at 2pm free
- **Easter Luncheon- Thursday, April 17th, at 12pm w/ Ms. Smiley first guest free, then \$10 each. RSVP by 4/14**
- Curtis McDonald- Friday, April 18th, at 10:30 free
- Handel's Ice Cream Outing- Tuesday, April 22nd, at 1:15pm

More events could be added or cancelled, just call for updates. 775-746-2200. We will do our best to make each event happen. Family is responsible to RSVP for space on the bus and pay the entrance fees of all field trips. You may also join in your own car if the bus gets full.



### Staff Directory

Executive Director .....	Benjamin King
Director of Sales & Marketing .....	Sofia Villagas
Memory Care Director .....	Aileene Cargill
Executive Chef .....	Melanie Young
Maintenance Director .....	Jerry Swearingen
Resident Care Coordinator .....	Megan Gresham
Activities Coordinator .....	Kristene Farley
Administrative Assistant .....	Ashley Richardson





APRIL 2025

**Location Key**

DR Dining Room  
BA Activities Room  
ML Main Living Room  
CC Community Courtyard  
C Community  
PT Physical Therapy  
BL Back Living Room  
FT Field Trip

**Resident & Staff Birthdays**

- 4.1 Yvonne B
- 4.2 Bill S
- 4.4 Sutton M
- 4.8 Veronika G
- 4.13 Dorothy J
- 4.26 Deborah K
- 4.28 Louise O

**Parkinson's Awareness**

A neurodegenerative disorder, Parkinson's disease affects 10 million people worldwide and about 1 million in the U.S. Every April, Parkinson's Disease Awareness Month offers opportunities to learn more about this condition and discover ways to provide support.

"April is a promise that May is bound to keep."  
—Hal Borland

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 C Exercise 10:00 C Catholic Communion † 10:15 BL Chair Soccer 11:30 DR Lunch 1:15 BA Beading 3:00 BA Bingo with Friends 6:00 ML Travel Documentary	2 9:00 C Exercise 10:15 BL Karaoke 11:30 DR Lunch 1:00 BL High Low Cards 3:00 BA Bingo with Friends 6:00 ML Family Favorites	3 9:00 C Exercise 10:15 BA Fabric Run 11:00 BL Bible Study A 11:30 DR Lunch 1:15 C Balloon Toss 3:00 BA Bingo with Friends 6:00 ML Western Movies	4 9:00 C Exercise 10:15 C Spray Flowers 11:30 DR Lunch 1:15 C Bubbles 3:00 BA Bingo with Friends 6:00 ML '50s Movies	5 9:00 C Exercise 11:00 BA Watercolor with Friends 11:30 DR Lunch 1:00 BL Weight & Stretch Class 3:00 BA Bingo with Friends 6:00 ML Viewers' Choice
6 9:00 C Exercise 10:30 BA UNR Heart Association Volunteers 11:00 BA Morning Hymns 11:30 DR Lunch 3:00 BA Bingo with Friends 6:00 ML TCM Movies	7 9:00 C Exercise 10:15 BA Crafts 11:30 DR Lunch 1:15 BL Tea & Reading 3:00 BA Bingo with Friends 6:00 ML Disney Favorites	8 9:00 C Exercise 10:00 C Catholic Communion † 10:30 BA Pretty Nails 11:30 DR Lunch 1:15 BA Chair Soccer 3:00 BA Bingo with Friends 6:00 ML Travel Documentary	9 9:00 C Exercise 10:30 BA Parachute Fun 11:30 DR Lunch 2:00 DR ECCS Music by Brian Lester 3:00 BA Bingo with Friends 6:00 ML Family Favorites	10 9:00 C Exercise 10:15 CC Gardening 11:00 BL Bible Study A 11:30 DR Lunch 1:15 BA Chair Soccer 3:00 BA Bingo with Friends 6:00 ML Western Movies	11 9:00 C Exercise 10:30 C Bean Bag Toss 11:30 DR Lunch 1:00 FT Wilbur D May Museum 3:00 BA Bingo with Friends 6:00 ML '50s Movies	12 9:00 C Exercise 11:00 BA Watercolor with Friends 11:30 DR Lunch 1:00 BL Weight & Stretch Class 3:00 BA Bingo with Friends 6:00 ML Viewers' Choice
13 9:00 C Exercise 10:30 BA UNR Heart Association Volunteers 11:00 BA Morning Hymns 11:30 DR Lunch 3:00 BA Bingo with Friends 6:00 ML TCM Movies	14 9:00 C Exercise 10:15 BA Baking 11:30 DR Lunch 1:15 BL Parachute Fun 2:00 BA Support Group Meeting 3:00 BA Bingo with Friends 6:00 ML Disney Favorites	15 9:00 C Exercise 9:30 BA Vet Art with Compassion Care 10:00 C Catholic Communion † 11:30 DR Lunch 1:15 BA Beading 3:00 BA Bingo with Friends 6:00 ML Travel Documentary	16 9:00 C Exercise 10:30 BL Egg Hunt with Kids 11:30 DR Lunch 1:30 DR Jim Buehler Music 3:00 BA Bingo with Friends 6:00 ML Family Favorites	17 <b>Easter Luncheon</b> 9:00 C Exercise 10:30 BA Puppets & Painting w/ Compassion Care Hospice 11:00 BL Bible Study A 11:30 DR Easter Luncheon w/ Ms. Smiley 3:00 BA Bingo with Friends 6:00 ML Western Movies	18 9:00 C Exercise 10:30 BL Curtis MacDonald 11:30 DR Lunch 1:15 C Bubbles 3:00 BA Bingo with Friends 6:00 ML '50s Movies	19 9:00 C Exercise 11:00 BA Watercolor with Friends 11:30 DR Lunch 1:00 BL Weight & Stretch Class 3:00 BA Bingo with Friends 6:00 ML Viewers' Choice
20 9:00 C Exercise 10:30 BA UNR Heart Association Volunteers 11:00 BA Morning Hymns 11:30 DR Lunch 3:00 BA Bingo with Friends 6:00 ML TCM Movies	21 9:00 C Exercise 10:15 BA Crafts 11:30 DR Lunch 1:15 BL Tea & Reading 3:00 BA Bingo with Friends 6:00 ML Disney Favorites	22 9:00 C Exercise 10:00 C Catholic Communion † 10:00 FT Ice Cream at Handel's 11:30 DR Lunch 1:15 BL Spring Kickoff! 3:00 BA Bingo with Friends 6:00 ML Travel Documentary	23 9:00 C Exercise 10:30 BA Parachute Fun 11:30 DR Lunch 1:00 BL Piano and Singing 3:00 BA Bingo with Friends 6:00 ML Family Favorites	24 9:00 C Exercise 10:15 CC Gardening 11:00 BL Bible Study A 11:30 DR Lunch 1:15 BA Chair Soccer 3:00 BA Bingo with Friends 6:00 ML Western Movies	25 9:00 C Exercise 10:15 C Bean Bag Toss 11:30 DR Lunch 1:00 BA Spa Day 3:00 BA Bingo with Friends 6:00 ML '50s Movies	26 9:00 C Exercise 11:00 BA Watercolor with Friends 11:30 DR Lunch 1:00 BL Weight & Stretch Class 3:00 BA Bingo with Friends 6:00 ML Viewers' Choice
27 9:00 C Exercise 10:30 BA UNR Heart Association Volunteers 11:00 BA Morning Hymns 11:30 DR Lunch 3:00 BA Bingo with Friends 6:00 ML TCM Movies	28 9:00 C Exercise 10:15 BA Baking 11:30 DR Lunch 1:15 BL Parachute Fun 3:00 BA Bingo with Friends 6:00 ML Disney Favorites	29 9:00 C Exercise 10:00 C Catholic Communion † 10:15 BL Chair Soccer 11:30 DR Lunch 1:15 BA Beading 3:00 BA Bingo with Friends 6:00 ML Travel Documentary	30 9:00 C Exercise 10:15 BL Karaoke 11:30 DR Lunch 1:00 BL High Low Cards 3:00 BA Bingo with Friends 6:00 ML Family Favorites			





## Easter Luncheon April 17th at 11:30am

We invite you to join us for our Easter Celebration! We will serve a beautiful lunch and have live entertainment by Silver Strings. There will be a \$10 charge for each person after 1 guest. Please RSVP by 4/14 either by email/ phone call/ or in person to the concierge. 775-746-2200 svconcierge@tarantinoseniorliving.com



## Flowers and Veggies Coming Soon!

We will be starting up our Gardening program this month. This month, we are focusing on getting our planters ready. Please consider donating either flowers or veggies for our residents to plant in May! I would like to have a pink, yellow, orange and white theme for flowers. We started some seeds of flowers so hopefully we will have success with those as well!



## Thank a Tree

Planting trees on Arbor Day, April 25th—or any day—is a popular way for people to help the planet. That’s because trees get 90% of their nutrition from the air around them, in the form of carbon dioxide. Using energy from the sun, a tree converts CO2 into food and releases oxygen back into the air. Since excess CO2 is damaging to the environment and we need oxygen to breathe, trees are truly important for the ecosystem. Scientists say trees are the best method of offsetting carbon emissions, largely because they live so long and take a long time to decompose.

## Wit & Wisdom

“So before long we can open the windows wide and let spring in, and we can go out to the park or sit on a hillside and let spring into us.”

—Hal Borland

“I feel that it is healthier to look out at the world through a window than through a mirror. Otherwise, all you see is yourself and whatever is behind you.”

—Bill Withers

“A smile is the light in your window that tells others that there is a caring, sharing person inside.”

—Denis Waitley

“Falling asleep while the rain is clashing down on the window is nature’s best lullaby.”

—Kim Pape

“Look out of the window and you have a finer sight than any painter has ever placed on a piece of canvas.”

—Iain Pears

“If a window of opportunity appears, don’t pull down the shade.”

—Tom Peters

“It’s hard to look back at the past and feel some regret, but it’s really exciting to look to the future and see a window of hope.”

—Nadine Sadaka Boulos

“My favorite journey is looking out the window.”

—Edward Gorey

“Tomorrow morning, when the sun shines through your window, choose to make it a happy day.”

—Lynda Resnick

